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People Power! UPDATE is published by People Power. Our goal is to educate people and politicians about the advantages of a transportation system less dependent on the automobile. A special thanks to all our volunteers.

I would like to volunteer. Please contact me.
 I am a new member. I am renewing my membership.

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People o5o Power!

PEOPLE o5o POWER! UPDATE

SANTA CRUZ CYCLING NEWS

ISSUE 65

FALL 2010

★ ★ ★ SPECIAL ELECTION EDITION ★ ★ ★

People Power Endorses POMERANTZ, FOSTER & TERRAZAS for SC City Council

“How does our community get to the next level of sustainable transportation?” That was the question we asked at a meeting of People Power and our allies a year ago when we identified some priority transportation investments: the rail and trail, trip reduction incentives for commuters downtown, and better public transit. We realized as we made our wish list that we needed to elect people to office who had a vision for humanizing our transportation system.

In the last election we contributed money and time to elect John Leopold to the County Board of Supervisors and we're glad we did. This November we are working to build this kind of leadership on the Santa Cruz City Council. Please consider donating money to one or more of the candidates, and join us as we go door to door this fall.

People Power is endorsing **Ron Pomerantz, David Foster,** and **David Terrazas** for Santa Cruz City Council in the November election. (Based on extensive questionnaires and direct experience with



the candidates, our Steering Committee believes that these endorsed candidates will be strong leaders and allies for sensible transportation.) All three oppose plans to widen Highway 1, including the proposed San Lorenzo River bridge. All support the implementation of trip reduction incentives before any new downtown garages are built, and all support a safe route for cyclists on King Street.

To read candidates' questionnaire responses (always a good idea), go to peoplepowersc.org or call **425-0665** for a paper copy. Please consider giving time and/or money to the candidates you support.

consider giving time and/or money to the candidates you support.

RON POMERANTZ is a longtime People Power member and gets around primarily by bicycle. He describes the Rail with Trail proposal as a “linchpin to our long term transportation and economic development” and describes Highway 1 widening as “a project that can never happen. It is too *(continued on page 4)*”

People Power Reaffirms Support for City's Broadway-Brommer Plan

People Power has long endorsed the City of Santa Cruz's Arana Gulch Master Plan, including its multi-use trails for pedestrians, cyclists, and people with disabilities and limited mobility. At a Coastal Commission hearing in March of this year, the Santa Cruz chapter of the California Native Plant Society (CNPS) proposed an alternative trail alignment which the Coastal Commission directed their staff and the City to study. Those studies have now been completed.

After reviewing this case, People Power's Steering Committee has reaffirmed our support for the City's plan and its multi-use trail alignment. The City's proposal is superior in providing public access to Arana Gulch and to destinations along the coast. It also provides superior access to those with disabilities and limited mobility, and would have the greatest effect in reducing greenhouse gas emissions. The City's plan has completed all process requirements and is now awaiting final approval by the Coastal Commission. Any significantly *(continued on page 7)*

You are cordially invited to PEOPLE POWER'S ANNUAL FUNDRAISING DINNER

Sunday, October 24th @ The 418 Club
418 Front Street, downtown Santa Cruz

An organic, full-course dinner with vegan/vegetarian and meat entrees, prepared by Jozseph Schultz (of India Joze).

Tickets: \$35–\$75, sliding scale (drinks priced separately). Family members under 10 are free.

Appetizers start at 5PM with dessert served before 8PM. A silent auction will be part of the evening's events. Valet bike parking will be provided.

Make your reservation by end of the day, October 21st, by calling **425-0665** or going to peoplepowersc.org.

To volunteer at the dinner, call Heidi at 440-9814. If you or someone you know would like to donate to our silent auction, contact thomonan@peoplepowersc.org or call Thom at 457-1109.

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People Power Plans More Rides

People Power is starting to organize group rides with the goals of having fun, getting new members, and raising funds. We want to spread the word about the versatility of bicycles as movers of people and cargo. We also want to recruit new volunteers and leaders for the movement. In the process we will be teaching safe cycling and showcasing safe routes. In addition to the two October rides (*see opposite*), we've brainstormed a whole bunch of other rides. Lead one of them or make up your own!!

Breakfast ride (weekly ride?)	Santa Cruz History ride
Trailer & Utility ride	Farm ride
Longer distance rides (SJ, Watsonville)	Bike Builders ride
Women's ride	Pizza ride

If you have some energy to lead or co-lead a ride, contact Gary at **427-3839**. If you want to be contacted about our rides by email, please send an email to info@peoplepowersc.org. ■

Dads-and-Kids Ride Teaches Cycling Basics and Safety

— David Terrazas

On Saturday June 12th, People Power, Ecology Action, and a local dads group kicked off the summer with a bike ride and safety rodeo for dads and their kids. The event was the culmination of a partnership with People Power and the Santa Cruz dads group to schedule a bike safety class for kids and to get them excited about bike riding during their summer break.



After gathering at San Lorenzo Park, about 25 participants took a safe and scenic ride along the San Lorenzo River levee bike path, then crossed over to a "mystery path" near Depot Park, before arriving at the Bayview Elementary School for the bike rodeo and safety clinic.

The short, easy ride along trails and back streets was a great prelude to the safety class, led by League of American Bicyclists-certified instructor Tim Bustos. Tim has over a decade of experience teaching safe cycling to kids and adults, and currently works in the transportation division of Ecology Action. Through Tim's instruction that day, kids learned how to properly wear a bicycle helmet, how to safely navigate streets and driveways, and learned other cycling fundamentals. As an added bonus (largely due to the safe environment and encouragement of other participants), several of the kids rode without training wheels for the first time that day!

Call People Power at **425-0665** to schedule a family-oriented bike adventure for your group. ■

UPCOMING RIDES

October 9th Ride and Camp: Sunset State Beach

Imagine strapping a sleeping bag onto your bike and heading out for an overnight adventure, under your own power! If you haven't done it before (or even if you have), please join us for this ride and campout at Sunset State Beach. No prior camping or long distance riding experience is required.

Meet at The Hub (703 Pacific Avenue), Saturday October 9th at 9AM. Plan to be home by 5PM (at the latest) on Sunday.

This is an easy 20-mile ride with no big hills. If you ride regularly, even if it is only a few miles a day, you can accomplish this ride. The route follows the coast, with great views on moderately trafficked roads that all have bike lanes. Sunset State Beach is near Watsonville and the mouth of the Pajaro River.

You need to have a bike that is working WELL (get it checked if you aren't sure) and a rack or a big backpack (a rack is much nicer) to carry your stuff: a sleeping bag, water, warm clothes and snack/lunch food, or money to buy it. A high calorie (and simple) vegetarian dinner will be provided.

Tour leaders Jim Danaher and Mia Duquet have great reservoirs of patience and good bike touring skills (mechanical and otherwise). The trip's cost (\$20 for People Power members; \$40 for non-members) includes camping fees, dinner, and breakfast. ■

October 17th: Sneak Routes and Secret Places

Join People Power for an introduction to safe cycling routes in the City of Santa Cruz AND a rolling celebration of our ability to move ourselves. Colorful commentary will be provided by Micah Posner, director of People Power, and the route will include many facilities that People Power helped create.

Meet at the UCSC Rec Department (East Field House), Sunday October 17th at 10AM.

The ride will be a slow and easy 8–12 miles. Participants can end the ride downtown at 1PM or continue back to the UCSC Rec Department at 2PM. Stops include pie and drinks at an urban farm and visits to the UCSC Bike Co-op and the Bike Church. You will need a bike in good working condition, a helmet, layered clothing, and water.

The ride is co-sponsored by UCSC Transportation and Parking Services. For more information, contact Micah at People Power: **425-0665** or info@peoplepowersc.org. ■

State Transportation Commission Unanimously Approves Rail Corridor Acquisition

— Peter Scott

On June 30, 2010—the last day to secure the Proposition 116 funding for purchasing the 32-mile Santa Cruz Branch Line rail corridor from Union Pacific—the California State Transportation Commission (CTC) met in Sacramento and voted unanimously to approve the RTC's request to purchase the rail corridor. While a few conditions remain to be met before the funds will be released, the CTC's vote is a major victory for Santa Cruz County.

About 20 People Power members journeyed to Sacramento—most of us on the Capitol Corridor train—to encourage a positive vote by the Commission. When the item came up, Supervisor Mark Stone (vice chair of our RTC) provided an excellent summary of the situation, and called out all the organizations in support, ranging from ourselves to a number of unions, the Santa Cruz Chamber of Commerce, and the Santa Cruz Boardwalk, before asking all supporters in the audience to stand up to be recognized. Immediately we all stood, wearing our fine engineers' hats that People Power and FORT had supplied—it was a great moment.

Supervisor Stone was followed by Bill Tysseling, the Executive Director of our Chamber of Commerce, and Kris Reyes of the Santa Cruz Beach Boardwalk, both of whom registered their keen support. A letter of support from Senator Simitian was also submitted for the record. Nobody spoke in opposition.

Special thanks to CTC Commissioner Carl Guardino, CEO of the Silicon Valley Leadership Group, who made the motion to approve the 116 funding for the rail corridor acquisition. His quick action to clarify the CTC's staff recommendation was key, and kept us in suspense for a moment or two. Thanks also to everyone who wrote letters of support to the CTC. ■



Cyclists for Cultural Exchange: Riding to Build Bridges

Founded in 2004, Cyclists for Cultural Exchange (CCE) furthers its goals of peace and international understanding through exchanges between people with a common interest in cycling. Every spring, the organization runs the Strawberry Fields Forever ride, a fundraising event that raises money to support the organization's exchange trips, grants, and other projects.

This year, CCE riders completed their post-Strawberry Fields bike tour, which started in Santa Cruz and finished in Santa Barbara. Eight guests from Italy, Great Britain, Russia and Japan, joined 20 local cyclists on the ride.

To learn more about CCE or to get information about the Strawberry Fields Forever ride, visit their website at StrawberryFields.org. ■



Broadway-Brommer *(continued from page 1)*

different alternative would have to begin the long process all over again. With approval by the Coastal Commission, the City's plan can begin implementation immediately.

Moreover, the Coastal Commission staff believe that the City's plan is actually better for the local habitat than the CNPS's alternative, as it requires less earth-moving and heavy construction and does less damage to other native habitats. Furthermore, the Coastal Commission's expert biologist states (of the City's plan), "...there is strong reason to believe the net effect of the project will be to increase the size and security of the tarplant population." Though People Power does not have the scientific expertise to forecast the health of native plant habitats, the Coastal Commission staff scientists are among the best in the country and there is no reason to doubt their objectivity on this matter.

We appreciate that the CNPS, in supporting an alternative, has supported both the concept of a paved multi-use trail in Arana Gulch (designated an Environmentally Sensitive Habitat Area) and the concept that such a trail can be done in a habitat-sensitive way. We agree with the Commission staff and the City, however, that the City's plan does a better job of meeting those goals. ■

Victory for the Sacred Path

Four years after a group of dedicated neighbors asked for help from People Power, we have successfully crafted a permanent and binding agreement that will keep a small neighborhood path open between School and High Streets near Holy Cross Church from 6AM to 10PM daily. Special thanks to attorney Gary Redenbacher, who took on the case at cost and acted with an incredible amount of patience, concern, and integrity.

The path is a small one, but the concept is huge. Every single path for walking or cycling is sacred and needs to be protected. Thanks to a passionate group of neighbors, a great attorney, and People Power, this one is. ■



2010 SURF CITY AIDS RIDE

A FUNDRAISER FOR THE SANTA CRUZ AIDS PROJECT

30 MILE
60 MILE
100 MILE

Plus a 12 MILE FUN RIDE!

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Enter code at registration- PEOPLE0189

Join us at San Lorenzo Park for The Finish Line Festival!
Live music, food, booths, community and FUN!

SURFCITYAIDSRIDE.ORG
Or call 831-427-3900 for more info

Free bike parking by PEOPLE POWER!

UPCOMING CLASSES AT THE BIKE CHURCH

All events are free (donations accepted)

Hands-on learning in a supportive environment. No prior experience necessary! For more information about classes or volunteering, send email to bikechurch@santacruzhub.org.

INTRO TO BIKES, MAINTENANCE, AND THE BIKE CHURCH

Facilitator: Bike Church mechanics

Saturdays: Oct 10, Nov 14. Time: 10AM-12PM. PLEASE BE ON TIME. A practical overview of the bicycle. Covers basic bike anatomy and function. Emphasis on safety. Includes hands-on fix-it time and introduction to our shop for newcomers.

WOMEN/TRANSGENDER/FEM BIKE WORKSHOP (WTF!)

Facilitators: Ann, B, Ellie, Emilyn, Sophia and/or Stef

Sundays: Oct 17, Nov 7, 21, Dec 5.

Time: noon-3PM.

DROP IN. Bike maintenance has traditionally been male-dominated. Our goal is to help individuals gain knowledge and confidence working on their bikes and cycling. We provide safe space for women and other gender minorities to work on their bikes and learn new skills. Taught by women/queer mechanics.

BC MEMBERS, KIDS AND YOUTH HOURS

Facilitator: Bike Church mechanics

Saturdays: Every Saturday. Time: 10AM-2PM

DROP IN. These weekly hours are reserved to give an opportunity to our co-op membership to access the shop outside of the potentially crowded afternoon open-shop times. Kids and youth under 18 are considered automatic Bike Church members, and of course parents, guardians, and caretakers are welcomed during these hours as well. Contact the Bike Church to learn more about co-op membership.

VOLUNTEER AND SHOP TIME

Facilitators: Bike Church mechanics

Every other Wednesday (call the Bike Church for exact dates)

Time: 7:30PM-9:30PM. PLEASE BE ON TIME if you are a first-time volunteer. Want to learn how to become more involved in the Bike Church? A mechanic will welcome potential new volunteers to the shop and to our shared ideas about how to run it. Also a time for current volunteers to work on projects and get to know one another outside of busy open-shop hours.

The Bike Church • 703 Pacific Avenue
(entrance on Spruce Street)

425-BIKE <http://bikechurch.santacruzhub.org>

Green Station Offers Another Alternative



What are two ex-PedExers and an Earth First activist doing on the corner of Ocean and Soquel? Working at the Green Station. As one of our business members, we asked Ray Newkirk, Bill Le Bon, and Jesse Frey how the Green Station fits in with People Power's vision of a more sustainable Santa Cruz County. Here are some of their replies. For more information on the Green Station call them at (831) 425-9100 or visit online at www.thegreenstation.us.

People Power: What do you do at the Green Station, and why?

Green Station: We sell biodiesel fuel, electric bikes, scooters, and cars and rent U-Hauls. We're trying to help people with their addiction to oil by offering as many alternatives as we can. We figured there were already plenty of bike shops so we're looking to provide other options to folks.

PP: How does biodiesel fit into a larger vision for a more sustainable transportation system?

GS: The basic problem is that our cities are organized around the automobile and we need to reorganize them. While we work at that, we're going to need to continue to ship things, at least food. And biodiesel is a better fuel for that.

PP: Where does the biodiesel come from?

GS: The biodiesel is all 100% recycled vegetable oil from restaurants between Ukiah and Salinas, California, which is a whole lot closer than the Middle East or the Gulf of Mexico.

PP: So, if I understand correctly, you are selling fuel and simultaneously hoping for a vast reduction in automobile use. Isn't that a contradiction?

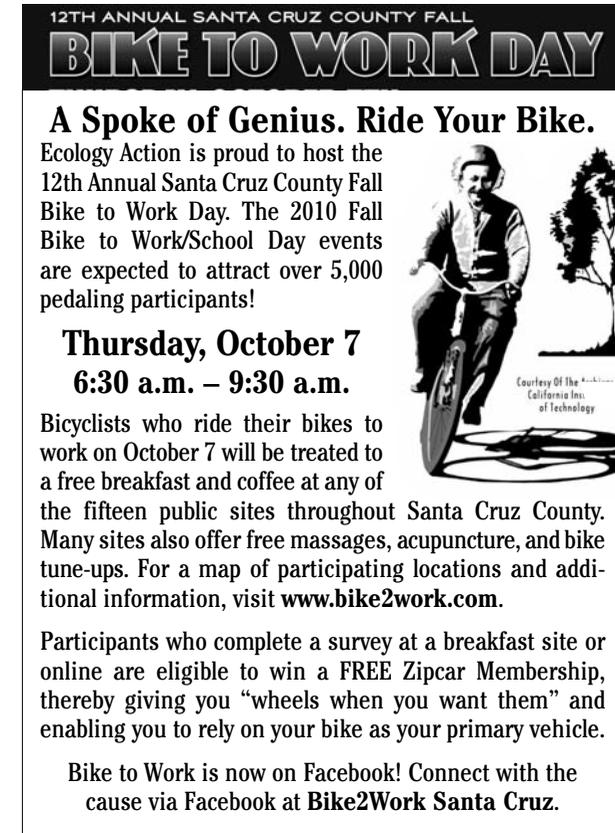
GS: Not at all. There's no silver bullet solution. Consume less AND consume smarter—that's our idea. We sell locally produced biodiesel; we ride our bikes to work; we support People Power. ■

Two New Bicyclists on the Way!

Congratulations to the Posner-Minami family and the Gill family on the arrival of their soon-to-be cyclists. People Power sends our best wishes!

Grants from the Santa Cruz County Cycling Club

On September 13th, the board of the Santa Cruz Cycling Club granted \$1,220 to People Power projects. A \$720 grant will fund our participation in a joint effort with other environmental groups to create a cohesive response to the City's Climate Action Plan, which calls for a 30% reduction in automobile use but has very few specifics. Another \$500 grant went towards developing a strategic plan process for Friends of the Rail Trail. Thank you to the Cycling Club for the money and the trust. It is an honor to receive support from such a fine organization. ■



12TH ANNUAL SANTA CRUZ COUNTY FALL
BIKE TO WORK DAY

A Spoke of Genius. Ride Your Bike.

Ecology Action is proud to host the 12th Annual Santa Cruz County Fall Bike to Work Day. The 2010 Fall Bike to Work/School Day events are expected to attract over 5,000 pedaling participants!

Thursday, October 7
6:30 a.m. – 9:30 a.m.

Bicyclists who ride their bikes to work on October 7 will be treated to a free breakfast and coffee at any of the fifteen public sites throughout Santa Cruz County. Many sites also offer free massages, acupuncture, and bike tune-ups. For a map of participating locations and additional information, visit www.bike2work.com.

Participants who complete a survey at a breakfast site or online are eligible to win a FREE Zipcar Membership, thereby giving you "wheels when you want them" and enabling you to rely on your bike as your primary vehicle.

Bike to Work is now on Facebook! Connect with the cause via Facebook at Bike2Work Santa Cruz.

Volunteers Needed for Bike to Work Day Thursday, October 7th

Help represent People Power by tabling at one of the Bike to Work Day breakfast sites. Call (831) 425-0665 to sign up for a shift.

ELECTION ENDORSEMENTS *(continued from page 1)*

expensive, too environmentally damaging, and based on an old model of a cheap petroleum world.” Ron serves (as a volunteer) on the steering committees of both Friends of the Rail Trail and the Campaign for Sensible Transportation. Ron is also a member of the Broadway Brommer Working Group. He is clearly willing to roll up his sleeves and get to work, which will make him a great ally on the City Council. www.RonForCouncil.com

DAVID FOSTER has been a member of People Power for many years and rides a recumbent every day to his job as a planner for the City of Capitola. As such, he gets the connection between housing and transportation: “Limiting further growth of the highway system will force our communities to improve our jobs/housing balance and restrict further sprawl development.” On the City’s Planning Commission, David voted against widening the Highway 1 bridge over the river and for further study of the King Street bike boulevard. He wants the City to implement Parking Demand Management (paid-not-to-park incentives) *before* moving forward on a Cedar/Cathcart street garage. David’s combination of clear values and “inside” staff experience are going to make him a very good advocate for sensible transportation on the City Council. www.DavidFosterForSantaCruz.org

DAVID TERRAZAS has been a clear and consistent ally for People Power since he fell just short of getting our endorsement two years ago. As Chair of the Transportation Commission, David kept a King Street Bike Boulevard plan on the agenda despite repeated attempts by city staff to bury it, and he helped get Save Our Shores to endorse the Broadway-Brommer path. This summer he co-organized a Dads and Kids Ride with People Power. In voicing his opposition to using City Redevelopment Funds to widen Highway 1, David states: “We need to take a fresh look at how our local monies are used so we can ensure that transportation priorities are in alignment with our community’s priorities (and) increase transportation options.” His clear, unequivocal support for raising Traffic Impact Fees (TIF) used for bike/ped projects from 15-20% shows that he takes sensible transportation seriously as a funding priority and is thinking of ways to support projects. www.ElectDavidTerrazas.com

CANDIDATES WE DID NOT ENDORSE: Hilary Bryant did not get our endorsement, as she did not seem entirely informed on some of the complex issues that need to be prioritized to move our city towards more sensible transportation. She didn’t directly answer our question on whether or not to raise City TIF funds for bike/ped projects and only supported rolling back car parking requirements on a “project-by-project” basis. She seems clear on continuing the King Street study and she worked with us to lobby the

state to purchase the rail corridor. Importantly, Hilary is a dedicated cyclist who uses her “bicycle nearly every day to transport my children to school, run errands and for traveling to the beach to surf.” While Hilary does not seem quite up to speed on the issues yet, it seems likely that she could emerge as a good ally to People Power on the City Council or in another capacity.

Gus Ceballos told us that he “cannot champion alternative transportation” at this time as he is more concerned with other issues. We appreciate Gus’s candor and thoughtful answers.

Lynn Robinson is a hardworking and respected council member running for reelection. She has an almost entirely negative voting record with regard to sensible transportation, including projects supported by neighbors such as the King Street bike boulevard. While we hope this will change, we cannot endorse her at present. Consistent with her voting record *in favor* of automobile-oriented development and *against* progress in alternative transportation, she did not respond to our questionnaire.

STATE PROPOSITIONS

YES on PROPOSITION 21, which establishes an \$18 annual increase in automobile vehicle license fees. As we know, huge subsidies go to support automobile infrastructure. Increasing these fees means that drivers will pay more of the true cost of driving. The great news is that this fee would go to keeping the state parks open AND provide free day use at state parks for California-licensed vehicles. State parks are under tremendous financial strain, exacerbated by the repeal of a similar fee by the governor. The idea for this proposition came, in part, from People Power member John Laird. To contribute time or money, contact www.YesForStateParks.com or (831) 429-1840.

NO on PROPOSITION 23, which would suspend state laws requiring reductions in greenhouse gas emissions that cause global warming until statewide unemployment rates drop to 5.5%. Many programs under attack by this initiative would help you get around on foot or bike by requiring more human-scale planning and encouraging alternatives to the private automobile (our state’s largest contributor to global warming). The proposition wouldn’t necessarily help our economy, which is benefiting from increases in green jobs that rely on the state laws that this legislation would suspend. Prop 23’s largest donors are Texas oil companies Valero and Tesoro, and conservative billionaires David and Charles Koch (of Koch Industries). To help stop this horrible proposition contact www.stopdirtyenergyprop.com or call (818) 445-7880.

REMEMBER: VOTE ON NOVEMBER 2nd. To register or to get a mail-in ballot, go to www.votescount.com or call (831) 454-2200. And please consider getting involved with the City Council race, the statewide initiatives, or other issues. Democracy is like a bicycle—it only rolls when you pedal it. ■

Green Ways Summer

Green Ways to School has had a busy summer with several changes, along with continued involvement with youth in our community. Starting in June, with Tawn Kennedy at the helm, we began outreach to summer schools and youth programs around the county. Tawn presented at Watsonville High and at Natural Bridges’ Green Careers Program, letting youth know how they can be part of the bicycle revolution and inviting them to earn bikes through the Green Ways Adopt-A-Bike program. In July, Carolyn Jett officially bid adieu to Green Ways to School and is on her way to a promising internship in Sacramento at the Capitol. Her energy, creativity, and positive presence in the office and in the local sensible transportation movement will be very missed!

Also this summer, Green Ways launched a new partnership with Food, What?!, a youth empowerment, food justice and jobs training program located at the UCSC farm. We started with a cycling skills presentation and bike safety rodeo at the Homeless Garden Project, and progressed to a pedal-powered group delivery of produce from Yellow Wall Farm. (Yellow Wall Farm grows warm-season crops for Free Wheelin’ Farm’s CSA program and is located on Ocean Street Extension.) Participants learned the rules of the road, group riding etiquette, and then practiced skills like safe stopping and turning on bikes provided by Green Ways. Our subsequent people-powered delivery provided youth with an opportunity to hit the streets and learn first-hand how we can shift away from fossil fuel reliance to get good food from the field to the people.

In the weeks to come, Green Ways looks forward to presentations and outreach to local middle and high schools, spreading the word (and pedal-powered smoothies) to the youth of Santa Cruz County.

Learning Bicycle Safety and Street Skills

With the beginning of the school year upon us, it seems like a good time to remind people about local bike safety and riding skills classes offered by several groups in Santa Cruz. These include Green Ways to School (www.greenways2school.org), Ecology Action (www.ecoact.org), and the Santa Cruz Department of Health Services, who offer classes through their Community Traffic Safety Coalition (www.sctrafficsafety.org). At UCSC, Transportation and Parking Services (TAPS) provides classes on bicycle street skills to students several times a year (www.taps.ucsc.edu). If you can’t take a class, all of these organizations can provide literature on safe, effective cycling for adults and children.

The League of American Bicyclists also offers a “bike-ed” class. This is a rigorous, but fun program that teaches everything from



Doron Comerchero (director of Food, What?!) helps riders prepare for the Green Ways food delivery.

And finally, as we now enter our third school year, we are very excited to announce the launch of our official website, www.greenways2school.org! Check our site regularly this fall for events, pictures, videos, art contests, and more. ■

Green Ways to School Needs You!

Starting September 29th, Green Ways will be expanding its presence at two weekly youth bike clubs. Most Wednesday afternoons from 12:30–2:45, students from Mission Hill and Branciforte Middle Schools will be going on biking field trips. We are looking for some enthusiastic and dedicated volunteers to support these budding cyclists by helping them stay safe on our group rides. If you’d like to get involved with these rides or other youth events, please contact Tawn at www.greenways@peoplepowersc.org or call Green Ways at (831) 425-0667. ■

— Tim Bustos

basic bike maintenance to traffic skills, bike handling, proper lane positioning, and emergency maneuvers. These classes are taught by expert cyclists who have gone through intensive training themselves, and have passed a series of tests to be certified as a “League Certified Instructor” (LCI). Fortunately, Santa Cruz is home to several LCIs and there are many classes at different levels for you to choose from. For more information and a list of classes, go to bikeleague.org and click on “programs,” then “bike education.” ■

Tim Bustos lives, works, and frequently rides his bike in Santa Cruz and beyond. Your questions and comments can be sent to Tim at wheelguy55@yahoo.com.